DANCE ASSESSMENT FOR JAZZ 3

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| JAZZ 3 SKILLS |  |  |  |  |  |
| Increase understanding, execution, & technique for advanced combos |  |  |  |  |  |
| Increased stretch & extension |  |  |  |  |  |
| Better understanding of leg extensions |  |  |  |  |  |
| Concentrate on abdominal area during warm-up & emphasize proper control  |  |  |  |  |  |
| Arm exercises for upper body strength |  |  |  |  |  |
| Improve understanding of line |  |  |  |  |  |
| Plie before & after jumps |  |  |  |  |  |
| Articulation of feet |  |  |  |  |  |
| Incorporate isolations w/movement |  |  |  |  |  |
| Double pirouettes in turn out |  |  |  |  |  |
| Increase jumps & leap technique |  |  |  |  |  |
| Grand jete |  |  |  |  |  |
| Attitude |  |  |  |  |  |
| Arabesque leaps |  |  |  |  |  |
| Pas de bouree – sideways & back turns |  |  |  |  |  |
| Rond de jambe |  |  |  |  |  |
| Turns - tour |  |  |  |  |  |
| Balence |  |  |  |  |  |
| Attitude |  |  |  |  |  |
| Arabesque |  |  |  |  |  |
| JAZZ 3 Continued |
|  |  |  |  |  |  |
| Pa de bouree traveling front and back |  |  |  |  |  |
| Bell kick |  |  |  |  |  |
| Tend leve |  |  |  |  |  |
| Stag leap from 5th (in turn out) |  |  |  |  |  |
| Lay Out |  |  |  |  |  |