|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| JAZZ 1 SKILLS |  |  |  |  |  |  |  |
| Ballet Positions  1st, 2nd, 3rd, 4th, 5th |  |  |  |  |  |  |  |
| Arm Positions - Prep, 2nd, High 5th, Opposition |  |  |  |  |  |  |  |
| Demi & grand plie  1st, 2nd, 4th, 5th |  |  |  |  |  |  |  |
| Developpe |  |  |  |  |  |  |  |
| Tendu parallel front, side, and back |  |  |  |  |  |  |  |
| Tendu tured out 5th  Front, side, and back |  |  |  |  |  |  |  |
| Degage |  |  |  |  |  |  |  |
| Chasses side and front, right and left |  |  |  |  |  |  |  |
| Chaine |  |  |  |  |  |  |  |
| Passe parallel/turned out |  |  |  |  |  |  |  |
| Releve 1st, 2nd, 5th |  |  |  |  |  |  |  |
| Grand Battement |  |  |  |  |  |  |  |
| Attitude |  |  |  |  |  |  |  |
| Arabesque |  |  |  |  |  |  |  |
| Turn-out/Sickle |  |  |  |  |  |  |  |
| Basic Isolations |  |  |  |  |  |  |  |
| Step ball change  side to side |  |  |  |  |  |  |  |
| Pivot step |  |  |  |  |  |  |  |
| Intro to spotting |  |  |  |  |  |  |  |
| Single pirouette |  |  |  |  |  |  |  |
| Grapevine step  Side to side |  |  |  |  |  |  |  |
| Box step |  |  |  |  |  |  |  |
| Kick ball change |  |  |  |  |  |  |  |
| Jazz runs |  |  |  |  |  |  |  |
| Head rolls |  |  |  |  |  |  |  |